## SEPTEMBER 2025

## **#Blackhawk Nation**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	Donut Holes  Chicken Alfredo Garlic Bread Stick Green Beans Salad Bar Fruit Choice	Gereal  Mini Corn Dogs Potato Smiles Baked Beans Salad Bar Fruit Choice	4 Muffin Chicken Patty on Bun French Fries Green Peas Salad Bar Fruit Choice	Frudel  Pizza Meat or Cheese  WG Cookie  Fresh Veggie & Dip  Fruit Choice  NATIOANL CHEESE PIZZA DAY
8 Pancake Wrap Pizza Dippers W/ Dipping Sauce WG Cracker Peas & Carrots Fresh Veggie & Dip Fruit Coice	9 Banana Bread Popcorn Chicken Mashed Potatoes w/Gravy WG Bread Corn & Salad Bar Fruit Choice	Quesadilla Chicken or cheese Salsa or Sour Cream Ice Cream Treat Fresh Veggie & Dip Fruit Choice	11 Donut  Pulled Pork on Bun Pickle Twister Fries Baked Beans Salad Bar Fruit Choice	12 Granola Bar  Deli Sub Sandwiches  w/fixings Tostitos w/cheese sauce Fresh Veggies Fruit Choice
Muffin Chicken Strips w/dipping sauce WG Bread French Fries Honey Carrots Salad Bar Fruit Choice	16 Granola Bar Walking Taco's w/fixings W/salsa & sour cream Refried Beans WG Cracker Garden Bar & Fruit	Spaghetti W/Meat Sauce Garlic Bread Stick Green Beans Salad Bar Fruit Choice	18 Yogurt Cup  NATIONAL CHEESEBURGER DAY on Bun Potato Smiles Coleslaw Salad Bar Fruit Choice	19 BKF Round  Hot Dog on Bun Baked Chip Mix Veggies Veggies & Dip Fruit Choice
22 Hard Boiled Egg  Pancakes w/syrup Sausage Links Seasoned Potatoes Veggies & Dip Fruit Choice	23 Mini Cinni Chicken Nuggets French Fries WG Roll Baked Beans Salad Bar Fruit Choice	24 Cereal Pizza Calzone WG Cracker Broccoli Garden Bar Fruit Choice	25 Egg Omelet  Chicken Caesar Wrap  w/fixings  WG Sun Chip  Celery & PB  Fresh Veggies  Fruit Choice	<b>26</b> PB&J Uncrustable  Mac N Cheese Yogurt Cup Green Peas WG Cookie Garden Bar Fruit Choice
29 Breakfast Pizza  Beef Stroganoff Green Beans WG Dinner Roll Garden Bar Fruit Choice	30 Confetti Pancakes  French Bread Pizza  Honey Carrots  Garden Bar  Fruit Choice  BIRTHDAY TREAT	1	2	3

This institution is an equal opportunity provider.

Milk Choices Served Daily: 1%milk, fat free milk, fat free chocolate milk

Menu subject to change at any given time due to availability.

Each healthy meal must Include 1/2 cup fruit or 1/2 cup vegetable. Students must choose at least 3 food items.

